



CARERSTRUST4ALL

Shrewsbury Mental Health Carers Group

**IF YOU CARE FOR SOMEONE WITH MENTAL HEALTH ISSUES
PLEASE COME AND JOIN US FOR SUPPORT AND INFORMATION**

Shropshire Mind Holywell St, Shrewsbury SY2 6BL

January 5 th	6:30-8:30pm	Activities
February 2 nd	6:30-8:30pm	Activities
March 3 rd	6:30-8:30pm	Speaker
April 6 th	6:30-8:30pm	Activities
May 4 th	6:30-8:30pm	Activities
June 1 st	6:30-8:30pm	Speaker
July 6 th	6:30-8:30pm	Activities
August 3 rd	6:30-8:30pm	Speaker
September 7 th	6:30-8:30pm	Activities
October 5 th	6:30-8:30pm	Activities
November 2 nd	6:30-8:30pm	Activities
December 7 th	6:30-8:30pm	Speaker
Maybe Subject to Change		

**FOR MORE INFORMATION CONTACT:
CARERS TRUST4ALL @ 03333
231990 (OPTION 1 THEN OPTION 6)**



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